Monthly Consumer Monitor

February 2023

The consumer in January: New year new me

Fig. 1: Retail sales

(SA, month-over-month percent change)



Fig. 2: Spending Momentum Index, By Generation (Month-over-month change)



Fig. 3: Layoff announcements and unemployment

(Announcements = thousands, unemployment rate = %)



Retail sales surged in January

After ending 2022 with several weak readings, retail sales took a surprising turn to the upside in January 2023, increasing by 3 percent month-over-month.¹ To put this into context, during the last 30 years, retail sales have only risen this quickly during periods with federal stimulus or during months following major disasters (March 2021, December 2020, May-June 2020, October 2001). The January 2023 numbers were driven by gains across virtually every major retail category, including restaurants, car dealerships, furniture shops and electronics stores. Weather likely played a role in the soft December performance and the strong January rebound. During the last week of December, much of the country was hit with a "bomb cyclone" and entered a deep freeze, keeping consumers away from stores and car lots. January, by contrast, was unseasonably warm, giving people the opportunity to shop, dine out, and purchase a new vehicle.

What's behind the January numbers?

Aside from weather effects, the retail spike can largely be explained by income growth. The economy gained half a million jobs in January,² suggesting that many consumers got a paycheck for the first time, while others likely got a raise. Retirees benefitted from a Social Security cost-of-living adjustment (COLA), which increased the average Social Security payment by \$110 per month, totaling almost \$9 billion for approximately 70 million recipients.³ Because they are beyond the phase of life that is focused on saving, retired individuals spend virtually all of their income, suggesting the COLA created a multi-billion dollar boost to consumer spending. This theory is supported by the Spending Momentum Index (SMI), Visa's proprietary data on consumer activity, which shows that spending momentum expanded faster in January for baby boomers than any other generation.⁴ Lastly, technical details of the Department of Commerce's retail data could have over-emphasized the January increase. The Department of Commerce adjusts the data for typical seasonal patterns, but this seasonal adjustment process has become more challenging, potentially leading to artificially soft readings in December and strong results in January.

Will strong spending growth continue in 2023?

January data suggest that consumer spending, as well as broad based economic growth, could be strong in early 2023. In the aggregate, households still have pandemic savings in the bank, and most have healthy balance sheets with low debt-to-income ratios.⁵ We may be approaching the point where incomes consistently outpace inflation, allowing the consumer to continue spending freely. But there are still many warning signs on the horizon, and the risks of recession remain high. The Federal Reserve is expected to continue hiking interest rates, and the full effects of higher rates have yet to hit the economy. Layoff announcements are accelerating,⁶ and the economy may begin to lose jobs in the near future. If these (or other) headwinds become more prominent, consumer activity could be bumpy in 2023.

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Sources

Fig. 1: Visa Business and Economic Insights and U.S. Department of Commerce

Fig. 2: Visa Business and Economic Insights and VisaNet

Fig. 3: Visa Business and Economic Insights, U.S. Department of Labor, and Challenger, Grey & Christmas

Footnotes

¹Visa Business and Economic Insights and U.S. Department of Commerce

²Visa Business and Economic Insights and U.S. Department of Labor

³Visa Business and Economic Insights and U.S. Social Security Administration

⁴ Visa Business and Economic Insights and VisaNet

⁵ Visa Business and Economic Insights and Federal Reserve Board

⁶ Visa Business and Economic Insights and Challenger, Grey & Christmas

Accessibility Notes

Fig. 1: Line chart showing the seasonally-adjusted month-over-month percent change in retail sales, which begins in January 2022 at 2.5 percent, declines to -0.4 percent by July, accelerates to 1.1 percent by October, declines to -1.1 percent in both November and December, and ends at 3.0 percent in January 2023.

Fig. 2: Bar chart showing the month-over-month change in the Spending Momentum Index for Gen Z, millennials, Gen X, and baby boomers. Gen Z had the smallest month-over-month change at 1.5. The change increases sequentially by generation, with the fastest change occurring for baby boomers at 3.6.

Fig. 3: Line chart with a line for announced layoffs and another line for the unemployment rate. Announced layoffs begin in January 2019 at 53,000 and remain relatively constant through January 2020. They rise to 671,000 by April 2020, descend to 35,000 by February 2021, and remain relatively constant through September 2022. They begin to increase in October 2022 and reach 104,000 by January 2023. The unemployment rate begins in January 2019 at 3.8 percent, falls to 3.5 percent by January 2020, rises to 14.7 percent by April 2020, and descends to 3.4 percent by January 2023.

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